

Naphill & Walter's Ash Gazette



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April 2020



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Naphill & Walter's Ash Gazette April 2020



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Come and Join Us!

Our Local Clubs and Organisation Contacts

Beavers	Barry Reading	01494 447121	
Brownies (Naphill)	Ruth Daly	01494 565571	ruth.daly3@btinternet.com
Bridge Club	Margaret Stagg	01494 530736	
Cubs - Hughenden Naphill	Beth Foster		handnhcubs@hotmail.com
Football Club - Junior Senior	Martin Beddows		naphillcubscouts@outlook.com
Friends of Naphill Common	Andy Sinclair		mailto:naphillfc_cwo@yahoo.com
Good Companions	Harry Salter	07403 249208	chairman@naphillcommon.org.uk
Guides (Naphill)	Chris Miller	01494 565501	
Men's Club	Pat Furness	01494 562089	
Naphill Neighbours	Toni Green	01494 562770	
Residents Association	Andrew Wasilewski	01494 563186	naphillmensclub@yahoo.co.uk
Naphill Evening W.I.	Janet Judge	01494 563634	
Naphill Neighbours	Gloria LeFlaive	01494 563479.	glorialeflaive@msn.com
Scouts (Naphill)	Sarah Bacon	01494 563186	
Seniors Lunch Club	Janet Judge		Sarah.bacon39@googemail.com.
Tennis Club	John Huddleston	01494 562282	naphillscouts@aol.com
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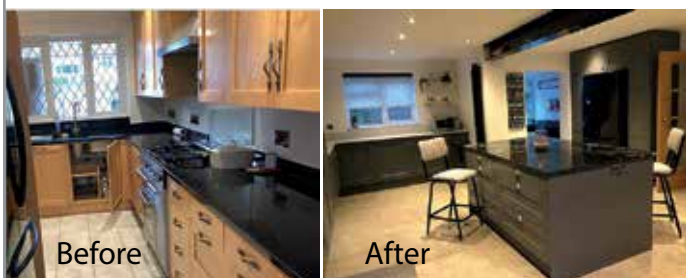
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Bookings - Tanya Stevens

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Tel: 07851 169275

www.naphillvillagehall.org.uk

Local Council Contact Information

Bradenham Parish Council Clerk	Deirdre Hanson	01494 562254	clerkbradenhampc@gmail.com
Bucks County Council	David Carroll	01494 716967	david_carroll@wycombe.gov.uk
Hughenden Parish Council Clerk	Shona Hadwen	01494 715296	clerk@hughendenpc.org.uk
Hughenden Parish Councillors	Chris Waterton	07968 268067	chris.waterton@hughendenpc.org.uk
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Wycombe District Councillor	Steve Broadbent	07471 144181	steve_broadbent@wycombe.gov.uk
Wycombe District Councillor	David Carroll	01494 716967	david_carroll@wycombe.gov.uk
Wycombe District Councillor	Audrey Jones	01494 563435	audrey_jones@wycombe.gov.uk

Helpful Contact Numbers

Hughenden Surgery	See website www.ourpractice.co.uk	01494 562189
Out of surgery hours		101
Breast Unit Wycombe Hospital	Breast lumps self refer	01494 526161
Stroke Support Service	Stroke sufferers, carers & family support	0300 3300 761
Shaw Clinic - Genitourinary Medicine	Genitourinary Medicine	01494 425430
Hearing Clinic Wycombe Hospital	Self refer	01494 526161
Specsavers Hearing (NHS hearing tests)	Self refer	01494 520304
Healthy Minds	Anxiety, depression, stress, postnatal wellbeing	01865 901 6000
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Copy Date for May Gazette 15 April

I thought I would start with the good news. Today the SUN did come up and the SKY was blue and shortly after I had drunk the cup of coffee which Himself had made for me, he brought in the gorgeous flowers photographed above, which were delivered on behalf of my son. Of course, it was Mother's Day. Whilst I was delighted to receive these flowers there was an element of sadness! Usually my son's carers would have brought him home to visit, I would have been able to hug him, kiss him and tell him how much I love him, but I was not alone in my sadness, there are millions of other people out there who are desperately missing their family and friends because this year we have Covid-19 which has turned EVERYBODY's life upside down!

As always our community is coming together to support those who need some help to get through this difficult time. Details of this group, the NAWA COVID-19 SUPPORT GROUP are on our front cover and there is a lot more information on page 25 of this magazine. This is a group of close on a hundred volunteers, they have somebody to cover almost every road in our area, so help is out there, CALL THEM!

If it is humanly possible, I want to keep the Gazette going throughout this pandemic. My first port of call was our distribution coordinator, Ian Hall who rallied his team and is confident that whilst the Gazette deliveries might be delayed, you will get your copy! Thank you, Ian and the delivery team! Next call was the printers and yes, they will be keeping the print presses working.

Our treasurer has assured me that because we have the income from our advertisers we can print the Gazette for several months without a problem. We cannot collect the subs this month as planned, so if this crisis lasts longer than we expect, we will have to consider how we proceed. I will need help with content! SO! Come on everybody, one and all, photos, paintings, stories, advice all welcome!

Finally, be kind to one another! Please don't be greedy, don't stock pile, support our local shops and businesses and be aware of the bigger picture! This is not just about you or me, this EVERYBODY! If this is going to be beaten we all need to do as we are instructed! Please take care, hopefully stay healthy and I will look forward to speaking to you all again in May. If you want to speak to me personally me my details are on page 3. I hope Easter will be as happy as it can be for you all, possibly not a good time for celebrations.

Sonia

N.B. We will not be collecting subscriptions until later in the year, more details about this to follow.

Gazette delivery may be delayed but you will get your copy!

Local food shops are open. Sadly, the village hall, most clubs, most groups and the Wheel have been forced to close for the time being. Please see last word for updates on this.

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Naphill Village Hall & Playing Fields Council - Chairman's Report

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At the committee meeting on the 2nd. March the forthcoming AGM was discussed and the chairman's position will be the first to be filled. This is a change from normal as the committee usually elects the chairman at the May meeting. The new chairman will then, at the AGM, conduct the meeting to fill the other seven positions on the new trustee committee.

We have now updated the CCTV system with a new control box that will now be able to be accessed remotely. The play area has had its yearly inspection and there were no major items to be dealt with, mainly some new kickboards and extra bark under the swings and slide. This will be done in the next month. With the arrival of travellers in Princes Risborough recently the car park gates have been locked to deter the travellers from descending on the car park and crick. It is great that Claire and Mark have been keeping an eye on the situation and closing them when necessary. A big thank you for doing that! There was a hiring of the hall one Friday night and there were some problems. The committee would like to remind anyone thinking of hiring the hall that we do not take bookings for parties for children over 12 and adults under 24.

The fundraising events are being organised with Napfest being the first one on 12th. 13th. and 14th. June. The marquee has been booked and stall arrangements are going well with lots of activities included. The WI is providing teas and the Mens Club is running the bar. There will be a Food and Wine festival on the crick on the 25th. July.

The Cheese and Wine event on the 21st. February was a great success with 94 people attending. A big thank you to Cathryn and her team, with Ron, Judy, Nina, and David all helping to make the evening a success, a total of £1375 was raised. The cheese came from Waitrose who gave us a generous discount and supported the evening with donations.

We are as concerned about coronavirus as all of you will be. At the moment we are discussing the possibility of using the hall for childcare if the schools are going to be shut for a long period. If you feel the hall can be used in another helpful way in this difficult time let us know and we will try to help.

The committee would like someone to come along to the monthly meeting and take the minutes of the meeting. If you are interested please e mail either the secretary or the chairman via the village hall website www.naphillvillagehall.org.uk.

Clive Lawrence
Village Hall Chairman

Following the recently issued guidelines regarding Covid 19, the Village Hall Council have made the decision to close the village hall until further notice. They extend their best wishes to the community at this difficult time.

Bradenham Parish Council

At our last meeting we had a report on the plans for the revival of the village fete, the date has been set as Saturday 12th September 2020 in the grounds of Bradenham Manor.

More details will follow in due course. Our District Councillor Carl Etholen has given us a generous donation towards the cost of this fete.

We had planned to hold a VE day 75th anniversary celebration on 8th May at Bradenham Manor, but unfortunately, due to the Covid 19 restrictions this has had to be cancelled for the time being. We hope to be able to rearrange this at a later date.

We had a successful litter pick on Saturday 14th March, it is amazing what we found and there is still more that could be done. Please take your litter home with you.

We still have a vacancy on the parish council. Now the elections have been postponed until May 2021, we are looking to co-opt a new member to the parish council for 1 year. If you are interested please contact the clerk or any of the councillors.

Deirdre Hansen
Clerk to the Council
Tel: 07391-896076

www.e-voice.org.uk/bradenham-parish-council



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Parish Council Elections

With the developing situation around Coronavirus, the government took the decision on Friday 13th March 2020 to postpone the elections due to be held in May 2020 for twelve months. This included Parish Council Elections and they will not now take place until May 2021.

What does this mean?

With the elections being postponed, the Parish Council will shortly issue Casual Vacancy Notices to recruit new councillors. Currently the Council has five councillors out of a required fifteen. In Naphill and Walters Ash Ward there is currently only one councillor out of a potential four. The Casual Vacancy Notices will cover all four wards of the parish.

How will this work?

The Council will publish notices advertising Casual Vacancies. This starts the process and allows ten electors of the parish to call that an election be held to fill the vacancies. There is no form of words for this request, it can simply be a letter headed with such words as "We the undersigned being electors for Hughenden Parish, call for an election to fill the vacancy". It is helpful if the ten signatures are accompanied by printed names, addresses and electoral numbers from the current electoral register. This request is sent to the Returning Officer of the Principal Authority and must be received within fourteen days of the notice being issued, computed in accordance with the election rules. The election must then be held within sixty days of the date of the notice of the Casual Vacancy.

If no request is received, then, after the expiry of the fourteen-day period, the Council shall co-opt a person to fill the vacancy as soon as is practicable.

Who can be a Parish Councillor?

A person is qualified to be elected and to be a councillor if they are a British, Commonwealth, Irish or (European Union citizen until December 2020) and on the relevant day (that is, the day of nomination or election) they are 18 or over. In addition, the person must meet at least one of the following criteria:

1. on the relevant day and thereafter they continue to be on the electoral register for the parish, or
2. during the whole of the twelve months before that day they have owned or tenanted land or premises in the parish, or
3. during the whole of the twelve months before that day their principal or only place of work has been in the parish, or
4. during the whole of the twelve months before that day they have resided in the parish or within three miles of it. Except for qualification (1), these qualifications then continue for the full term of office, until the next ordinary elections.

Certain people are disqualified from standing, and these include paid officers (including the Clerks) of the council, bankrupts and those subject to recent sentences of imprisonment.

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Naphill & Walter's Ash Residents Association

On 1 April 2020 the new Buckinghamshire Council unitary authority will replace the debt-ridden Bucks County Council and all five District Councils, Aylesbury Vale, Chiltern, South Bucks, and our own Wycombe District Council, after the preferred choice of two unitary authorities, north and south Bucks, was rejected by central government. We are told changes will happen gradually, so for the present we should continue our contacts with Planning and Highway Depts as before. Parish Councils will be expected to take on more local assignments if they are in a position to do so.

Cancellation. We regret the Biennial Meeting 30th March on Scams and Cons has to be postponed due to the risk from coronavirus.

Drug taking. At the NAG meeting Police reported that as illegal drug dealing was so widespread and taking place in public village car parks, as well as HPC's, they are aiming to look at public car parks in the Parish two or three times per week.

Community Speed Watch. More volunteers please. CSW is carried out more than once a month in other Hughenden Parish villages to control traffic speeds. With more volunteers in N & WA we could match their efforts using the first-rate Sentinel recorder. CSW requires minimum of 2 volunteers, (preferably 3 with at least one man), observing Main Road speeds for just an hour at a time. Please ring me for more information.

Pavement Parking Stickers. Wheelchair users often have great difficulty, or are unable to get past cars parked on pavements, forcing them to move out on to the road, which is very dangerous. There will soon be warning notices available to stick on pavement-parked cars. Wheelchair users and mothers with wide buggies please contact me to obtain these.

Environmental Protection. The Residents Assn. would welcome new committee members who want to collaborate in protecting the interests of local residents and safeguarding the environment of our two villages and the surrounding countryside. Meetings at the Village Hall only take a couple of hours a month (apart from August). My position as Hon. Secretary, which is best shared between two people, is open to new candidates. Do please ring for more details.

Planning: *The following are local planning applications received by Wycombe District Council (WDC) between 10th February and 8th March 2020. Any responses by NAWARA appear in full on the WDC. website.*

20/05535/FUL Stone Cottage 9 Main Road, Naphill. HP14 4QD. Householder application for conversion of and front extension to existing garage to habitable accommodation. Received 20 Feb. Neighbour consultation to 23 March. Decision by 24 April 2020. Officer Matthew Jackson.

20/05152/ADRC, Modena, Hunts Hill Lane, Naphill. HP14 4RJ. Approval of details reserved by conditions 3 (materials), 4(TPP and AMS),5 (landscaping) and 5(planting) pursuant to planning approval 19/07498/FUL. Received 22 Jan. Decision by 19 March 2020. Officer Heather Smith.

20/05453/FUL 24 Main Road, Naphill. HP14 4QB. HA for construction of part single part two storey side and rear extension, loft conversion and front infill garage extension. Received 21 Feb. Neighbour consultation to 24 March. Decision by 24 April 2020. Officer Heather Smith.

Permitted. 20/05083/FUL 5 Louches Lane, Naphill. HP24 4QH and 20/05108/FUL 5 Cherrycroft Drive,Naphill. HP14 4QG

Gloria Leflaive 563634..

Councillor David Carroll

Dear Residents

Over many years collectively we have protected our environment and stopped overdevelopment of our lovely area by challenging many applications which could affect our community, for example the Common and at the moment a large application I've recently called in to the Planning Committee to state our case.

Can I please thank our Residents Association on their work on this issue and this will give my residents a say on this matter.

We live in a lovely place and we need to continue to work together to keep it that way.

Regards

David.

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Friends of Naphill Naphill Common



A very wet spring is blossoming on the Common. The popular paths are thick with mud and the ponds are larger than for many years. If we count Mannings pond as being on Naphill Common rather than Downley, there are eight ponds on our Common – in fact the recent unusually wet winter has produced at least one more small pond but it will probably disappear if/when the rain ceases.

So far there is frogspawn in six of the eight ponds; only Mannings and Lady Horse Pond have been neglected. The frogs seem to favour areas near the bank, clear of weeds. Our working parties have made more of this available. Perhaps it is a little early, but no toad spawn has yet been seen. Toads produce long strings of spawn: transparent jelly containing black eggs. Last year there was some laid amongst the floating sweetgrass on Dew Pond. Newts are busy moving into the ponds to breed. We have, if we are lucky, three species. The smallest is the Palmate Newt (*Triturus helveticus*), which is up to 109cms/3½ inches long, and has no crest. It is found over most of Britain, excluding Ireland and parts of Lincolnshire. The Smooth Newt (*Triturus vulgaris*) reaches 11cms/4 ins long and is found all over the British Isles. In the breeding season the male develops a long crest down its back, from its neck to halfway down its tail, together with a reddish underside. Both species are found in most ponds.

The Great Crested or Warty newt (*Triturus cristatus*) is now declining seriously and is protected by law. It is almost 14cms/5½ inches long and the Male has a large crest along its back with a gap at the base of

the tail. It has an orange or yellow underside marked with black spots. Its tail is marked on the side by a whitish flash. A couple of our members are licensed to survey them and have found that we have them in at least two ponds. Property developers have to declare any possible damage to Great crested newts. Surveying Crested Newts is not easy: we can try to net them or set traps and release them when captured, but if none are captured that does not mean they are not in the pond. The answer is to take water samples and test for Great Crested Newt DNA.

Weather permitting our walks continue as usual. The short walks are led by Chris Miller and generally involve the Common and they are between 2-3 miles, starting at 10.30am from the Village Hall on the first Wednesday of each month. The longer walks are led by Ron Collins and are about 5 miles, generally some distance from Naphill. Join Ron on the third Monday of each month; meeting at the Village Hall at 9.25am for a prompt start at 9:30am. Members and non-members are equally welcome. Our working parties are now operating every Sunday (led by Peter Davis) and Thursday (led by Ron Collins) mornings, concentrating on footpath clearing and mowing respectively. For both the walks and working parties, these are the usual arrangements, but as there is sometimes a need to make changes it would be wise to consult our website, posters or the two walk leaders to confirm details.

Chris Miller Chairman.



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Growing Your Own

Farmers put nitrogen, potassium and phosphorus on their land as the main fertilisers. These are in a form which is water-soluble so the fertilisers can be taken up by plant roots. Unfortunately that means the dissolved fertilisers run off into streams, rivers and eventually the sea. A lot of expensive fertiliser is thus wasted. Nitrogen fertiliser comes from the petrochemical industry. Potassium is mined in various parts of the world and there are ample supplies. The problem is phosphorus which is in very short supply, for example Europe has virtually none. The phosphorus comes from fish bones which fell to the bottom of the sea millions of years ago and changed into phosphate rock. Tectonic movements then brought the rock to the surface in a few parts of the world where it could be mined. It is then treated with sulphuric acid then ammonia to turn it into a compound suitable to be sold as fertiliser. The US Geological Survey of 2010 estimated that the world's reserves of phosphate rock were 16,000 million tons and consumption was 160 million tons per year, increasing every year as world population increased. The experts in this field predict that "peak phosphorus" when half the world's reserves have been used will occur in 2034, ie only 14 years from now. After that, the phosphate rock will be harder to mine since the more easily-extracted rock will have already been mined and the price will mount inexorably.

Phosphorus is indispensable to all growing things, plants, insects, animals, humans so an absence of phosphorus means no life. We are using up the world's reserves of phosphate rock at an alarming rate and most of it ends up in the sea. If phosphate fertiliser is not applied to farmers' fields the soil will become impoverished and unable to produce adequate amounts of crops. So we have to use phosphorus sparingly since the future of the human race is at stake. I improved the amount of phosphorus in the soil of my allotment from 36 to 228 milligrams per kilogram of soil by the application of farmyard manure over many years and that is what you can do. Human manure used to be applied to land in various European countries. In this country 64% of sewage is applied to farmland, but mainly as a means of disposal since the sewage is contaminated with toxic lead, arsenic, mercury and cadmium. In Norway they are experimenting with phosphorus-rich urine being siphoned off from adapted toilets. In the USA a company has developed a process whereby bodies (very rich in phosphorus) can be composted and the process has been authorised in Washington State. If that catches on we may be able to add an "expression of wishes" to our wills directing that our compost should be applied to the petunias or the cabbages, giving a whole new meaning to "Growing Your Own".

Good gardening!

Mike Mason

A Point of View

Walking in the woods the other day with Bonny, my dog, I was amazed how very quiet it was, nobody about, not too surprising given the state of the paths which have suffered during this prolonged rainfall. Nevertheless, my four legged friend demands her daily walk and I had no option but to brave the elements and with wellington boots on, take her out. Even in this cold and wet winter the Common and Woodlands still have a special charm and well worth a walk and we are very fortunate to have this facility on our doorstep. Although the paths are well trodden it is rare to meet more than one other dog walker, a fact I find very surprising given that as residents we live in such a lovely place.

In recent days I have attended the supposed last meetings of both the County and District Councils in preparation of the creation of the new unitary council which will amalgamate the four districts and county council into one Buckinghamshire Unitary Council. All council services, i.e. Waste collection, Planning, Social

Services, Transportation, Child Care and many more, will now operate under one authority. Access to these services will be through local offices, as will contact with local members. I would recommend that readers look at the new website, (buckinghamshirecouncil.com) if readers have no access please phone me at 01494 564152 and I will endeavour to advise of the new procedure. I am not too sure of what will happen in view of the governments' new advice resulting from the Corona virus emergency programme announced as I write these notes.

We all live in strange times, with Corona virus wreaking havoc among the population and with new regulations coming from government on a daily basis, but Spring, followed by summer is on the way and with warmer weather and hopefully drier days, we should all start feeling better!

Richard Pushman

Bandit's Story



This is Bandit. He is a black Labrador, Border Collie mix and was adopted last year from the Stokenchurch Dog Rescue. As soon as we laid eyes on Bandit, we knew we had to have him. The look in his eyes convinced us that he knew he was coming home with us as much as we did.

Since bringing Bandit home he has had his difficulties. He is not used to living with humans and so we have had to work hard to make sure he feels safe and secure around us, but in a couple of months it felt as though he had always been around.

He is a playful soul, who never hesitates to take on a game of tug-of-war, or partake in 'zoomies' around the garden and when he settles down, you can be sure to get all the snuggles and licks. He is affectionate and intuitive, with strong primal instincts and although he is only two, he is a gentle and sweet pup.

Bandit has filled the hole in our family where something was missing. We were meant to have him, and he us, and although he is still a work in progress, our life wouldn't be the same without him!

Chelsea Murphy

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Keeping a Tortoise

Lots of us remember family members keeping tortoises that were kept in the shed and put in the loft to hibernate. Things have changed a lot when it comes to tortoise care but once you've got the basic set up, it's easy.

To keep a happy and healthy tortoise you need a nice stable environment for them where you can control the heat, light and humidity. A vivarium or tortoise table is perfect for this and once set up correctly it's very easy to maintain. Your tortoise will need a complete food and calcium supplement with some added variety of vegetables and garden weeds. As herbivores it will be great on warm summer days for your tortoise to roam around your garden as long as they're sheltered from predators.

If you want to reminisce about a childhood family tortoise pop in and see us at Widmer Feeds Country Store.

Alice Parerson

Bird Song

Birds singing in April and May is no mere avian frivolity. It's all about serious communication. The message is, I have built a relationship and a nest and I will defend it.

This is a most vulnerable time for birds, so what looks to us like skulking in the shrubbery is actually caution and can be the tell-tale signs of nesting.

So in spring before cutting hedges and pruning shrubs and trees, search through them for any indication of active nests. It is illegal to destroy or damage nests or eggs, so postpone pruning if you see any.

You may come across egg remnants on the ground, ejected after hatching, though the adult birds may well have carried these some distance from the nest, so as not to alert predators to the presence of young.

G.S. Hickmott



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Napfest Fri 12th – Sat 13th June 2020

Movie Theme

I cannot believe that we only have one more gazette entry before the main event. It seems to have come round so quickly. We are almost totally organised with just a few things still to be put in place or which with we need help.

As always we are in desperate need for cakes, tombola prizes, books and Grand Draw prizes so if you can help in any way please contact Linda. (lindaclark894@hotmail.com)

We are always looking for extra volunteers for help to set up and close down on the separate days.

Now I've stopped begging for help this is what's to look forward to during this fun filled weekend.

Music on The Crick. Tickets will soon be available from our website www.napfest.co.uk and are the same price as last year - £25 for a family ticket of four, adults £10, Kids £5, they will also be available at The Wheel, Shear Madness and Carries for cash only. Please be aware ticket prices will increase on the night. There will be amazing music from our bands. Headlining we have "Sultans on Swings". You will also be able to get hot food from Noodle Nation providing Street food and Noodles. Don't forget your refreshments from our famous bar and Topsy Flamingo. This year we will also have numerous inflatables, bungee trampolines, and a Fairground ride, these are all free to ride. This is a great night but do remember to keep warm even if it is June! GET YOUR TICKETS EARLY.

Fete on The Crick, we have got so much more for you this year, not only better inflatables than last year, plus a fairground ride, we also have celebrity performances including 'BUMBLE BEE', yes the real one!!!! There are even more new stalls (still not too late to book at nwafete@hotmail.co.uk) than last year and many more events happening in the arena. Don't forget to come in fancy dress 'Movie Themed' and stall holders please dress your stall, we have more great new trophies that you can win. The procession and flag bearer will happen as last year so please all make the effort again this year. All those organisations wishing to participate in the procession please contact Linda and provide a small narrative, so that our host for the day can read it out, as you proudly parade around the arena.

Can't wait to see you all there.

Linda and the Napfest Committee

Sadly, as we go to press, it seems very likely that this event will have to be postponed due to the current Covid-19 restrictions. The organisers are hoping to reschedule this event for the August bank-holiday weekend 2020.

For updates and news, please visit the NapFest Facebook page <https://www.facebook.com/events/229179811468239/> or Napfest 2020 can be searched for on Facebook.

Naphill & Walter's Ash School Media Team Report

The school has been working hard throughout the last month on different topics and activities.

First of all, we would like to give a big thank you to the NSPCC who visited Naphill and Walter's Ash School to give us some information about Childline, child abuse and how it affects us. The whole school really enjoyed it when they came.

On the 10th March, some of Key Stage Two went to Monks Risborough to represent the school in cross-country. It was very tough, but after all of the running, they came first!

On the 11th March the NSPCC came back to Year 5 and 6 to run a workshop talking about the assembly

in more detail. They had great fun completing a worksheet about what they thought made them feel safe, and even made some chatterboxes!

The next day, some of the pupils from Naphill's choir and orchestra, as well as three other schools, went to Princes Risborough Primary School to practice for the Schools in Harmony Concert. They all found it lots of fun and hope to do it again.



An EXTRA Report from a Younger School Reporter

My spring project was a little bit sticky but I finally got it done. I made a nest with shredded paper and decorated polystyrene eggs, I added the fluffiest chicks I could find just to make perfection.

The first attempt at the project didn't go too well as I put on a bit too much glue and my nest ended up looking like a hat. Making the eggs look pretty by sticking tiny pieces of paper on them was very fiddly (my mum says this is called decoupage, what a big word!) but I didn't give up until they were the best I could do.

My little brother Archer painted a beautiful tree and used cotton buds to print the blossom.

The whole school took part and our hall now looks like spring has sprung. We all wish it could be that way in real life! Hurry up sun and spring!



Vivienne Tanceva-Cobley



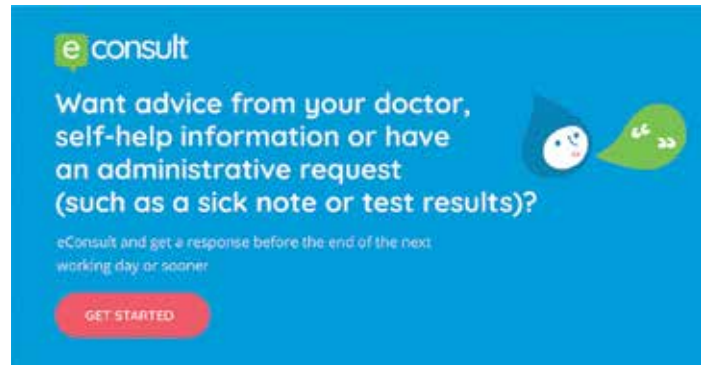
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- If you do not have one of these devices at home, seriously, now is a good time to consider buying one!
- Naturally, there will be some medical issues that cannot be addressed completely in this way, and you may still be asked to come in, however, we anticipate that a significant percentage of visits to the surgeries will be completely avoided.
- Less visits = Less chance to catch (or spread) Coronavirus

Thank you for your understanding in this most difficult time,
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Hughenden Valley Surgeries

Remember:

- Stay at home for 14 days if you have a temperature of 37.8 or if you have a new cough
- Call 111 if you feel unwell
- You do not need to contact 111 simply to tell them you're staying at home.
- To stop coronavirus spreading we have been advised that patients DO NOT attend the doctors' surgery without a prior booked appointment.
- (You may attend to collect and drop off prescriptions as usual provided that you are not self-isolating and do not have any Coronavirus symptoms at all)
- This is due to the need for us to triage every patient before booking an appointment, to ensure that nobody with Coronavirus symptoms attends the surgery.

From a Local Emergency Service Worker

I'm sorry to write this but I am hoping that maybe if people knew what's going on for the emergency services you may take a step back and just try to be a little understanding on what it is like for us and put things into perspective. I can only do this from my view and from my sector.

This virus is scary, it scares us all. We in the emergency services cannot sit in our homes waiting for it to pass by, we need to be at work and help as many people as we possibly can. Our work force is being hit by the virus like everyone else and for myself this means I have to self-isolate at home so not to affect my wife and son.

My wife comes under the guidelines as high risk as she has had a respiratory condition for many years. When I get home the door is opened but she must leave the room while I go and wash again. We sit at different ends of the room and we now have to sleep in separate rooms. I cannot see my son either as I cannot risk passing anything onto them. We have older parents and some live many miles away so we cannot risk infecting them either.

This is now our life for the foreseeable future, I see my family briefly and make sure they are ok, regular temperature checks and so on but this is extremely hard on any relationship. I am lucky to have a very supportive wife who understands that there are no

back up crews or other people who can just jump into our jobs. We need to be at work to help those out there.

Really, all I wish to say is that this is like nothing that's happened in our time. Yes, things could be done maybe better or faster but hind sight is a wonderful thing and we are where we are. Please take a big breath, this is going to be a long road and a hard road but we can make it easier by sticking together and helping each other where we can. Lockdown hasn't even started yet and things will get harder. Let's just help each other and do as the government are asking and hopefully we will all get through this. China is lifting isolations now, Italy is getting some good results now and these places have been on total lockdown for weeks. I hope everyone stays calm and safe. And just spare a minute to think of the workers who have no choice in this and are risking everything so life can get back to normal one day soon.

Thank you all.

Lee Porter

Editorial: Comment: I do have this brave gentleman's permission to share this article with you. and I am proud to print it in our magazine. Those who have to work through all of this, those in all walks of life without whom our lives would be even more difficult, deserve our respect and I thank them from the bottom of my heart.

Sonia

Naphill Tennis Club

Spring is here and a new tennis season is under way!

Already, Rusty Rackets/Improvers' Coaching is in action on Wednesday mornings and proving very popular.

Children's Easter Tennis Camps take place on Monday 6th, Tuesday 7th and Wednesday 8th April from 2 – 4 pm. A fun event for 5 to 16 year olds. It's not too late to book a place for your child/grandchild. Just speak to our coach, Mel Burn, on 07949 128195 or melebbles@hotmail.com.

Junior Coaching (free with membership) is held on Friday evenings for older children and on Saturday mornings for the Under 7s during the school summer term. This is a great opportunity for youngsters to develop their skills and enjoy tennis.

On Sunday 17th May, we are holding a Great British Tennis'Open Day' for members of the public to have a

go at tennis from 10 – 4 pm. Rackets will be provided as well as a fortifying cup of tea or coffee. Come and join us!

For details of membership and our special rates for new members, please contact the Membership Secretary, Sarah Dengel, on 01494 563706 or sarah.dengel1@gmail.com or visit our website: www.naphilltennisclub.org.uk.

Jenny Tench

Because of the current restrictions and advice due to Covid 19, the tennis club will be reviewing all their planned events and training sessions. They will keep us informed via their website, www.naphilltennisclub.org.uk and the village Facebook pages.

NAWA Covid-19 Support Team

07857 932915

On Sunday 15th March a group of local volunteers met to discuss how we, as a community, can support Naphill & Walter's Ash during the Covid-19 outbreak. It was an initial discussion to start the process and ideas will evolve as the situation changes and experience is gained.

The goal is to offer neighbourly support to residents in Naphill & Walters Ash who may be in need of non-medical assistance whilst self-isolating due to the Covid-19 outbreak. Hopefully this will complement the help that most residents will already be volunteering to their closest neighbours.

Who do we intend to help?

Anyone in Naphill & Walter's Ash who is self-isolating, whether or not ill with the coronavirus, and needs some assistance.

Examples of such help may include:

- Fetching shopping
- Dog walking
- Posting letters
- Collecting urgent medication
- Sign-posting to other services and relevant charities eg. Silverline, Samaritans, Age UK, Kooth.



What can we not do?

- We cannot offer medical advice or assistance.
- We will not enter the home of the person self-isolating.
- The health and safety of everyone is of paramount importance so please follow government guidelines with regards to contact and personal hygiene.

We have created a simple flyer to be delivered to every home which describes the help available and provides a central mobile contact number (see above). We will be placing posters in all businesses and gathering places throughout the two villages and at the doctor's surgeries.

If you would like some help please call, or send a text to, the mobile number above and a friendly local resident will answer and arrange for a volunteer to try and help you. PLEASE ONLY USE THIS NUMBER TO REQUEST HELP. If you would like to comment, please message via the Facebook page that has been set up for this purpose @ NAWA Covid 19 Support Page. Alternatively, you can email the team: nawacoronahelpteam@gmail.com If you'd like to volunteer to help, please send an email to nawacoronahelpteam@gmail.com stating your name, mobile number, email address and approximate location.

Two things to finish on:

1. Please remember that this is a group of volunteers who are trying to help the community. Please be patient, polite and understanding as we navigate our way through the unknown.
2. Please continue to assist your own neighbours if you know they are in need or if there is a risk that they may feel isolated. Everything helps.

Thank you to our wonderful community for making this possible.

For help, call 07857 932915

To comment or volunteer, email us: nawacoronahelpteam@gmail.com

To leave a Facebook message, go to: NAWA Covid 19 Support Page

Church News

Coronavirus: As at present advised, the Church will be open as usual during daylight hours, but as you may have heard it has been announced by the Archbishops of the Church of England that all public forms of worship have ceased until further notice. (For arrangements concerning weddings and funerals, please contact the Vicar).

If you wish to visit the Church for a time of reflection or prayer, please observe social distancing advice. If you wish prayers to be said for the world, or for you or your loved ones, please contact the office: office@hughendenparishchurch.org.uk, or leave a note on the prayer request board.

Your church is here for you at this, and future, times of need. We are very happy to pray for you, offer pastoral support or even just have a chat. We are also working alongside local community groups to ensure all can access help if they need it.

You can reach the St Michaels Community Support Team on 07526 780096 or contact us by Facebook, Instagram or email. support@hughendenparishchurch.org.uk

Also, look out for our online church services that are starting soon.

www.hughendenparishchurch.org.uk

A PRAYER FOR ALL THOSE AFFECTED BY CORONAVIRUS

Keep us, good Lord,
under the shadow of your mercy.
Sustain and support the anxious,
be with those who care for the sick,
and lift up all who are brought low;
that we may find comfort
knowing that nothing can separate us from your
love
in Christ Jesus our Lord.

Church Teas: with much regret, and after a long history of providing this service and outreach to our community, we have decided not to offer Church Teas this summer. We would like to thank all the volunteers, (not all of whom were regular members of the Church) for their unstinting service over the years, and to those members of the locality who came and enjoyed what we had to offer!

Easter Eggs Explained: Our two local primary schools enjoyed busy and informative afternoons in Church during March learning about the real meaning of Easter, before the annual chocolate-binge hits them!!

Jane Tyrer
St Michael's Church

SAVE THE BELLS!

St Michaels & All Angels Bell Tower Restoration

I am writing this article just a few days after our Prime Minister told us that many of us will lose loved ones to coronavirus. In this context, you may ask "who cares about a leaking bell tower roof"?

The primary concern of the St Michael's church family is the community it serves. However, we are grateful for the privilege of worshiping in a historic building and acknowledge our responsibility to maintain it for future generations. Our challenge is to maintain a Grade II* listed building while not detracting from our mission to enable all to follow Jesus Christ through living lives centred on him, loving our community and serving one another.

The Parochial Church Council (PCC) - the volunteers who manage the church - have agreed that we should invite bids for the restoration work, but there is a big difference between the balance of our bank account and the likely cost of the repairs. So, they have also decided to investigate if we can delay the work by erecting a temporary roof over the bell tower.

The St Michael's church family want to be there for our community. We have regular groups from toddlers to seniors, visit the housebound and run community events. Many of our church family are already working hard supporting local charities such as Wycombe Homeless Connection, One Can Trust and Lighthouse to name a few.

But the St Michael's building is also part of our shared community heritage. Church bells have been ringing out over Hughenden Park for over 500 years. How important is this to you? Do you think our plans should include saving the bells by repairing the bell tower roof?

We would love to hear what you think.

Please let us know by emailing richardpeters789@gmail.com or call 01494 578123 to leave a message.

Richard Peters



A Message from Hughenden Vicarage

Have you bought any Easter eggs yet this year? I don't need an excuse such as the Christian festival of Easter to eat chocolate, but we readily associate Easter eggs with this special event each year.

Perhaps you will exchange eggs with friends and family, buy eggs for your children, grandchildren, or godchildren. I wonder if you will be swayed by the promise of chocolate bliss on the outside packaging, a cute picture, or a free gift accompanying the egg.

Did you know that a child receives an average of 8.8 Easter eggs each year, in the United Kingdom – that's double the recommended calorie count for a week!

I can see recall as a young child feeling excited when staying over at my grandparents' house in the Sussex countryside, waking up Easter morning, and going on an Easter egg hunt with my sister in their garden. They found such difficult places to conceal the tempting prizes, that so often I gave up in frustration, hoping that they would feel sorry for me, and give me a clue, in order to satisfy my longing for chocolate, after I had eaten a good hearty breakfast, of course.

Easter is a time of celebration and joy for Christians as we retell the story of the last few days of the life of Jesus Christ on earth, culminating in his death on a cross on Good Friday, and his glorious resurrection on Easter Sunday. Eggs remind us of new birth, especially the new birth which Christians are able to share, by celebrating the empty tomb, which didn't contain Jesus' body on the 3rd day, because the bible tells us that he is alive and has risen!

I recently lead a group from our Church on pilgrimage to the Holy Land. We experienced a memorable 10 days together, walking through the walled city of Jerusalem, home to such an eclectic range of nationalities and faiths, the via dolorosa – the way of the cross, retracing the final few steps of Christ, bearing his cross, as he walked to his execution, on a hill, outside the city, dying for the sins of the whole world.

I found it so moving to walk in the footsteps of Christ himself, especially as we spent an unforgettable day on the shore of the Sea of Galilee. We celebrated Holy Communion on Ash Wednesday, marking the beginning of Lent, looking through the rushes, across the water to distant shores. We took a boat trip together, and marvelled afresh at stories of miraculous catches, storms being calmed, and Peter walking out towards Jesus on the water. As I gazed all around me, it found it quite easy to visualise our Lord in a boat himself, looking out across the same mountains.

However, we don't all need to journey to Israel to experience a sense of God's closeness in our lives, nor to identify with the life he chose, of self-sacrifice, limitless love, and a revolutionary message which is still counter-cultural to this day.

At the heart of the Easter message, the Son of God chose to take my place and yours at Golgotha, on the cross of shame and pain, dying in our place, so that you and I can share in the abundant life which can be found by putting our faith in him. That does not mean an end to our worries and challenges in life, however it does mean that we have a saviour who identifies with us intimately, because he lived on earth as a human being, and longs for the best for us.

So, whether or not you find yourself in Church this Easter, if you see an Easter Egg, I invite you to spend a moment to contemplate the invitation of new life which is offered to you personally through Jesus Christ.

Christ is risen! He is risen indeed, hallelujah!

Happy Easter

Rev Keith Johnson





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Naphill Neighbours

Our booked speaker for March had to cancel due to an unforeseen occurrence and we were fortunate to be able to engage Geoff Pegg of the Wycombe District Neighbourhood Watch Association to speak to us at such short notice. As he progressed with his talk it reminded us of how vulnerable we are to scams in this modern world and how much we have to be on our guard. He relayed stories of people getting caught out on the doorstep, on the telephone and on the internet. There are ways that we can protect ourselves and Geoff came along with various items that would help us to do that. However, in short we must remember never to do any business on the doorstep with passing traders; never to give bank details over the phone – our banks would never ask for such information and as regards nuisance calls, see what your telephone provider advises to prevent such calls coming through in the first place. Interestingly, he mentioned the lads who come selling various household items such as dusters, oven

gloves and the like, who hail from Nottinghamshire and say they are backed by the Probation Service. Not true and you would be quite justified in notifying the police that they are in the area. All in all a very interesting talk and there was a buzz around the table of items he had brought along.

This month we have our first outing to Milestones Museum in Basingstoke on Tuesday, 21st April. We leave the Village Hall at 9.00 am and should return to the local area in the region of 6.00 pm. We do have a few spaces left on the coach if anyone is interested in joining us. The cost is £27 for members and £29 for guests. Contact Yvonne Cook on 01494 563960 or Mobile 07702882603.

Our next club meeting is on Monday, 11th May, when Len Little will speak to us on "The Training & Use of Police Dogs". Do come and join us; you will be most welcome.

Yvonne Cook

Naphill Evening WI

We had a very informative talk on the RNLI – how it started, rescues, etc – in February. It was interesting to learn how and why it began back in the 1820s. The first cork lifejacket for crew members was invented in 1854. We also learned about the work of the lifeboats during the First World War (1914–1918), when lifeboats launched 1,808 times and saved 5,332 lives. In the Second World War they were part of the fleet of little ships evacuating British troops from Dunkirk. We were also told of the modern boats and equipment that they now have.

It is an evening meal for the Food Group in April, when partners are invited. They will be going to Dolce Vita in Wooburn Green.

The Sew and Chat group are planning an outing to Country Baskets to see if we can get any ideas for future projects. Meanwhile, we are doing well with our charity knitting project.

When you read this, we will have had our Spring Group Meeting hosted by Downley Evening WI, when the speaker is Catherine Jones on "From Guns and Roses to Hearts and Flowers",

Other events we look forward to include a ploughman's lunch and a cream team, both hosted by members.

Happy Easter to all.

Carol Gilliam

Naphill Brownies

Thank you to everyone who supported us once again at the Brownies and Guides Spring Jumble Sale. We made a fabulous £900. At this time of year we pay annual subscriptions to Girlguiding which costs us £40 per girl, this money is essential to allow us to keep running, so thank you all.

We have, over a couple of weeks recently, been considering our Brownie promise – what is a promise? Are we really standing by what we believe in? Serving our community? Helping other people? It has been interesting to consider all the ways we can be kind and helpful to those around us, everything from a kind word to a helping hand. Covid 19 has put a halt to our Brownie meetings for now, but it doesn't stop us behaving like brownies. Our promise still holds good, maybe now more than ever.

I would like to take this opportunity to express my appreciation for the fabulous team who help run our brownie unit (and all other Scouting and Guiding units). It would not be nearly as good without you. In particular congratulations must go to Jill (Tigger) who was recently presented with her 10 year award. Well done Jill!

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Message from Padre Lacey - Luxury?

Did you give up anything for lent? Growing up as a Christian, lent meant giving up luxuries like sweets, chocolate or cakes. Many people use lent as a way of remembering Jesus' 40 days in the desert (careful not to get a typo there as that would be a very different experience!). It's also a way of preparing for Easter. Like advent is the countdown and preparation for Christmas, lent is used to prepare ourselves for remembering and celebrating the ultimate sacrifice of Jesus.

When Easter arrives, the celebration is markedly bigger because the abstention chosen can be broken and feasting commences! Last year my teenage son chose to give up all technology for lent! Credit to him, he managed it. I even thought it might last...could 40 days of 'cold turkey' break the habit, reliance and gorging on it? But, come Easter, it only took a week or so before he was back to 'pre-lent'. But, I know I'm like that too!

We are blessed to live in a society and culture where we can mostly have what we want, when we want it. This means things like treats and luxuries aren't really that any more. They become the normal. We become desensitised to amazing opportunities and resources that we have. I remember going to a Good Friday service when I was a teenager and hearing something which rocked my world.

I knew the Easter story. I had grown up learning about it. Seeing the pictures of Jesus on a cross in the children's Bibles, singing songs about it in church and hearing how important Jesus' death and resurrection was to the Christian faith. But at this particular service, my world was rocked by a graphic and physiological explanation of crucifixion. Suddenly, I was sensitised to something which had become normal to me. It was like tasting the first bite of chocolate cake having not consumed any for 40 days. The enormity of what Jesus had done for me became fresh and new to me. I could acknowledge afresh the opportunities and resources ahead of me because of His sacrifice.

What luxuries do we have in our life that we take for granted rather than celebrating...and have you explored afresh recently what Jesus' death and resurrection could mean to you?

Find rest my soul...

'How!?' I hear you cry. 'How can we find rest or peace when the world seems to be going all a bit weird?' Our world is being shaken by an event which has triggered a sequence of events which are unprecedented, and we are experiencing something very alien to many of us. Our ability to pop out to see friends, to the shops, for a meal, go to school, travel places and do 'normal' life has been put on hold temporarily. Of course, there are the politics and medical advice involved, but, I don't know

about you, but I am feeling a slight wobble inside myself too. When all that is usually stable and firm begins to wobble and shake, inevitably we feel those effects.

On the final Sunday which we physically met as a congregation in March we looked at Psalm 62. I was reflecting on it in light of the fifth commandment, taking a Sabbath, a day of rest...and now, I think that Psalm speaks so much into what we are going through at the moment.

Here's something to do if you're limited to your house. Have a rummage, there must be a Bible somewhere... one of those small Gideon ones given to you at school, one which may have slipped into your bag from a hotel drawer, or that one which is still in its box since Auntie June gave it to you on your baptism...or there's Bible Gateway online. Have a peak at Psalm 62. It starts:

'My soul finds rest in God alone;
My salvation comes from Him.
He is my rock and my salvation;
He is my fortress, I shall never be shaken.'

I unashamedly believe in God and for me, during this time, I am loving the Psalms especially. They are written by this guy David who goes through quite some things in his life. And the Psalms are like a poetic, song-like journal of his praises and outright raging at God. Psalm 62, in particular, is written at a time when life around him is wobbly. He talks about being under assault and the realisation of our fragility as humans...I feel a bit like that now. But, and it's a big but, there is hope. David turns from looking at the wobbling world, and his own wobbling mind, to God who is his fortress, his firm foundation, his rock, his hope and his safety.

For you it may not be God, it might be friends who you keep in touch with in a different way, or finding routine, or motivation to do that hobby or exercise...reach out and find someone or something which is a foundation for you at this time. And if you're struggling, that's OK. There is hope because there is love. The community have created NAWA COVID support team*, have a delve into the Psalms and have a chat to God about things and I'm here as well as the Padre** but I will also be running church in a different way (for more information please do give me a ring). As we move into this time of weirdness, we will all have wobbles...but when we wobble there are people and places we can reach out to which can bring us hope and stability.

Padre Chrissie Lacey

*Call 07857 932915 or on Facebook NAWA Covid 19

**Padre Chrissie Lacey, 07966 175085 or christina.lacey102@mod.gov.uk

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Saint Botolph's Church, Bradenham - From the VicarageContinued

In March, I wrote about start of the Christian journey towards Easter, a journey we call Lent. A time of solemn spiritual reflection and instruction – indeed, the early church prepared its baptism candidates during this time, traditionally baptising the new converts on Easter Day. Lent is a journey towards Easter and mirrors the journeys of life and of faith.

As Easter approaches, the final scenes of the first act of the Jesus drama start to play out. Sunday April 5th will be the day known to Christians as Palm Sunday. On that day we see Jesus ride into Jerusalem as a popular hero amid scenes of jubilant celebration. People throw their coats on the ground to line his path and tear branches from the surrounding palm trees to further pave his way. Things really couldn't get much better for this itinerant preacher from Galilee.

But as they say 'a week is a long time in politics'. Before the week is out, the tide of public opinion will have turned against him. By Friday, Jesus will be arrested on trumped up charges, endure a sham trial and by public opinion be sentenced to the cruellest of deaths alongside common criminals.

In our comfortable modern society, it's easy for us to think that this was the work of a barbaric mob, uneducated peasants and that we would never have acted in such a shameful way. We don't physically kill our leaders any more for falling out of public favour (usually), but death does not necessarily mean the physical death of the body. Reputations can die, as can any form of relationship. Good deeds can be wiped out at a stroke by the scandal of a perceived misdemeanour. The press is littered with stories of those who publically fall from grace. The stories of internet trolling of those who are affected by Coronavirus are shocking and upsetting. Are we really so different from those first century participants who harried Jesus to death?

The crucifixion of Jesus marks the end of the first act in the Jesus story. If this were Shakespeare, it might well be the final act, but the playwright here is God Almighty. The bunny-flower-chocolatefest we call Easter will be upon us mid month. Easter is a natural time of celebration for us as the Northern Hemisphere wakes from its winter sleep, providing us with a fantastic visual aid to the opening of act 2 in the Jesus story.

On Easter morning, Christians all over the world will celebrate the fact that the crucifixion was not the end for Jesus, but the beginning. Jesus often spoke about things needing to die before they could live. In an

amazing realization of his words, after being declared dead by the authorities, Jesus returns to life. This was no recovery of a seriously injured person following a period of rest in a quiet place. As Jesus died on the cross, the authorities ensured he was dead with a spear through the heart, proper dead. The Resurrection and following events showed that he was alive, proper alive. The rest, as they say, is history – 2000 years of it. Since that first Easter morning, the message of Jesus has changed hearts and minds throughout the world.

May you know the reality of Christ's message this Easter.

CORONAVIRUS

You would have to be living on the Moon not to be aware of the situation our planet currently finds itself in. I think the phrase 'didn't see that one coming' springs to mind. These are unprecedented times, and unprecedented action is called for. To protect as many as possible, on 17 March 2020, with heavy hearts, the Archbishops of Canterbury and York wrote to Anglican churches regarding the Coronavirus:

"Public worship will have to stop for a season. Our usual pattern of Sunday services and other mid-week gatherings must be put on hold. But this does not mean that the Church of England has shut up shop."

This means that until further notice there will be no Sunday services in the **West Wycombe benefice**.

St Paul's West Wycombe, St Paul's Bledlow Ridge, St Botolph's Bradenham and St Mary's Radnage will however be open during the day for private prayer and meditation.

If you have a wedding or other event planned, a member of the clergy will be in touch to discuss your options. The present advice is that weddings can go ahead provided the current guidelines on contact etc are strictly adhered to. This may mean that numbers will have to be limited for some ceremonies.

"But this does not mean that the Church of England has shut up shop." Whilst we have to limit contact with each other, local clergy are still on the end of a phone or email. The Church as the living body of Christ is still actively pursuing the command of its founder, Jesus – 'love your neighbour as yourself'. That command can work out in many ways, but work out it will as we all consider how we can help each other through the Coronavirus pandemic.

Rev Jenny Ellis



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Chiltern Hills Arboriculture - *Something for the Summer*

By the time you are reading this it will be the return of British Summer Time or Daylight Saving as they like to refer to the adjustment in various other parts of the world. A great time for gardening and allotmenting (sic).

The promotion of BST came about due to a campaign from William Willet, a builder born in 1856. While riding his horse in Petts Wood near Chislehurst in Kent, during the early morning he noticed the number of drawn blinds after the sun was well up. So in 1907 he published a pamphlet titled "The Waste of Daylight".

In it he proposed that the clocks should be advanced by 80 minutes in four incremental steps during April and reversed the same way during September. The evenings would then remain light for longer, increasing daylight recreation time and also saving £2.5 million in lighting costs. He suggested that the clocks should be advanced by 20 minutes at a time at 2 am on successive Sundays in April and be reversed in September. Yes, it sounds very convoluted, complicated... and frankly a right royal pain in the backside.

Over many years and rationalisation and with the support of several MP's, including a young Winston Churchill, the bill was passed on 17th May 1916. The clocks moved forward in Spring, and back in the Autumn. Sadly Willet did not see the fruition of his vision Having succumbing to Flu in 1915 and passing away at the age of 58. To this day there is a sundial in Petts Wood set permanently to BST.

Anyway, in other news, on Saturday July 4th there will be Family Fun Day at The Wheel. I don't know exactly what activities Claire and Mark have planned but I do know Danny of Chiltern Hills Arboriculture will be sitting in one of their trees for 24 hours as part of his charity fundraising. Start / finish times to be confirmed. (I reckon it'll be about 'tea time'). Dan will climb up, sit there for 24 hours, sleep up there (flipping loony), and then climb down.

WHY? I hear you all ask. Well, it's all for charity. Last year Dan raised around £1300. This year we are shooting for the stars.

All monies raised will be shared between local charities, including Janet Keens parachute jump <https://tinyurl.com/wvghh5o>

Danny and I are both members of Cestreham Masonic Lodge, a charitable organisation who meet in Beaconsfield every Thursday evening. If you are interested in learning more about Freemasonry or enquiring about joining, please feel free to get in touch.

<https://en.wikipedia.org/wiki/Freemasonry>

Best regards

Mike Beckley

Wycombe Photographic Society

March and going into April should see the end of our internal competitions for the competition year which should wind up at the end of May but with the current situation regarding Coronavirus – COVID-19 everything is in a state of the unknown.

Our main concern is the health and welfare of all our members, members of other clubs who we regularly visit and who regularly visit us, plus our visiting judges and guest speakers.

With this in mind our activities over the next couple of months are going to be seriously curtailed so other dates in the year are being investigated.

Our competitions will take place in a virtual environment. Images will be sent to our judges, they will judge in the safety of their homes and then email back to us the results of the images they have judged.

For everything that is going on please visit our web site www.wycombephotographicsociety.org.uk as well as our Face Book page <https://www.facebook.com/Wycombe-Photographic-Society-583392065083507/>

David Greenwood

Membership Secretary

Wycombe Photographic Society

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Shear Madness

The clocks have changed at last so hopefully spring has sprung. Goodbye winters and hello summer!

Some of you may have noticed it's all change at Manor Garage, Dan and Helen have sold up to start a new chapter in their lives and I wish them all the love in the world. To make things very simple the new owner is Danny !!! Lovely guy from the village who has already saved my life by doing an emergency MOT bless him, sorry Danny. Mark and Carl are still there so it's business as usual.

I'm pleased to say that I am fighting fit and have actually put on some weight at last, I know not many women would like to say that but I hate being a skinny mini, I've even had to buy new work jeans ! Ha Ha!

I hope you all have a very happy Easter , onwards and upwards my lovely friends.

Love as always

Mandy x

Hughenden Mothers' Union

At our March meeting we welcomed a speaker from the Open Doors charity. We watched several DVDs of cases occurring in other countries that are served and helped by the Mothers' Union. We were encouraged to donate to this charity.

Several of our members had recently returned from a pilgrimage to the Holy Land and eagerly discussed several of the high points and the lows!

It was very interesting to see in a country so politically and racial diversified, places where Jesus had been more than 2,000 years ago and visit places where as christians, we believe he lived and worked!

Our meeting in April has not yet been cancelled but watch this space.

Norma Clarke.

Alzheimers Fund Raiser

Hello,

My name is Rebecca Marshall. On 29 May I am doing a night trek in Snowden to raise money for Alzheimers. The walk starts around midnight and we will walk up the tallest mountain in Wales and finish about 6/7am. I am currently a carer for Right at Home, I go to people's houses and care for them. I have attached a link to my fundraising page. I am nearly there! Any help getting the word out there would be much appreciated!

https://www.justgiving.com/fundraising/snowdonbynightchallenge2020-rebeccamarshall?utm_campaign=pfp-share&utm_content=SnowdonbyNightChallenge2020-RebeccaMarshall&utm_medium=fundraisingpage&utm_source=Facebook&utm_term=AaKEgz2Ap

Many thanks,

Rebecca

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At the time of writing, Covid-19 is posing a real concern to many of us, and the advice is to wash your hands thoroughly and regularly for at least 20 seconds in hot soapy water.

As adults we can understand why this is so important, but this is harder for a young child to understand. A simple little activity to show children how important soap is when washing our hands is as follows:

Fill a plate/bowl with a little milk or water and ground pepper. Explain to the children that we are imagining that the pepper that we can see are all the germs that are invisible on our hands. First, ask your child to stir the water with their finger. The pepper will swirl and move, and stick to your child's finger. Now, ask your child to dip their finger into hand soap and slowly swirl their finger through the liquid, the soap repels the pepper and your child's finger will be clean. For children that struggle with hand washing, this visual explanation of why we use soap and wash our hands may help with their understanding.



There have been lots of suggestions for songs and poems to sing whilst washing our hands for 20 seconds. The one commonly used is Happy Birthday sung twice. Here at Toddle In Group we sing this song with our children, to the tune of Row, row, row your boat and welcome you to sing it too!

Wash, wash, wash your hands
Wash them every day.
Top and bottom and in between
To keep the germs away.

Wash, wash, wash your hands
Wash the germs away.
Soap and water does the trick
So keep them clean all day



We hope you all keep safe, and we will continue to work as part of a close and supportive community. At the time of writing this, we are open as normal.

Kim Cahalan Crompton

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Camomile PT – Making choices towards a more active life



This week we said goodbye to our beloved dog Conkers. She was such a special dog and we will miss her terribly. She had a good life, and truly enhanced ours in more ways than I can express.

As I sit here reflecting on what she brought to our lives, (asking little in return), it struck me that she was the catalyst that really kickstarted our increase in activity levels. Before Conkers arrived with a lot of howling (throughout the first few nights), we had hardly explored the many footpaths which surround our lovely village, we also did very little exercise other than the odd mountain bike ride, when the weather was fair. All that has changed dramatically since sharing our lives with this incredible soul.


Having a dog naturally means being out for walkies in all weathers, rain snow or shine. However bad the weather seems from the cosy confines of indoors, it is always ok once outside (assuming you choose the right outer wear of course). On our walks Conkers always reminded us of the joy in the simple things and being in the moment. Every path we chose on a walk was her favourite path, she didn't care if it was the shortest route home or not. Every stick she chose was the best stick in the woods, if not the world.

We can learn so much from these wonderful dogs that come into our lives for such a short time. All of us should make time to get walking and explore and enjoy the beautiful countryside around us, and spend that time appreciating the simple things. More often than not, the more activity that we do, the more we want to do, which is great for heart and mind. Small changes really can make a huge difference to our health and wellbeing, and we are lucky in our village to have such a variety of walks to choose from and it's a great way to meet new people and dogs!

Hillary Spain



If you are unable to walk your dog because you are self-isolating due to Covid-19 the **NAWA Covid-19 Support Team** can be contacted for help.

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“Cry God for Harry – England and Saint George”



England’s patron saint “Saint George” was created around the 23rd April 1350 by Edward the third at the same time as he created The Order of The Garter.

A chap about whom very little true facts are known! A character who is remembered more for the legend of killing a dragon rather than his reported bravery of fighting on the side of Christianity.

I remember Saint George’s day being celebrated in primary school circa 1947 by wearing our Brownie and Cub uniforms. I am quite sure we did not understand why we did this but I do remember we were all made to feel very proud of ourselves and our country!

The legend of killing the dragon seems to have started in the middle ages when in 1483 a book was printed called The Golden Legend. A fanciful tale about a kingdom being harassed by a hungry dragon. At first the dragon’s appetite was satisfied by a couple of sheep, but soon moved on to wanting a human or two. He decided he wanted finer fare, and demanded the kings beautiful daughter for supper! The story goes as she was lead to be eaten by the dragon, a knight in shining armour rode up and demanded to know what was going on. When told ,horrified, he drew his sword and made a sign of the Christian cross on the dragon, which immediately became calm and allowed himself to be lead away. For saving the Kings daughter, George asked for the princess’s hand in marriage. The king allowed this providing George slayed the dragon.

Thoughts are, the tale was written as an analogy to demonstrate Christian good over evil – the dragon representing the devil, with George fighting for “good”, and so he became a symbol of valour and selflessness.

So, Saint George we need you to fight the “dragon” that is demanding to be fed in this country and all over the world! Please fight hard, and help make us strong to fight a dragon called Covid 19.



From our extra shy contributor - details upon request

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The Wheel

Well, March has been an interesting month even with more rain and winds. We had a busy start as we had our first Curry Night in a while. It was a fabulous night which was really well supported by you all, Chef as always did an amazing job. The same weekend we had Terasa's 50th Birthday celebration which was fantastic if a little bit messy! Shaun was the DJ and had us all dancing and letting off steam. Thanks to everyone who helped us celebrate her birthday in style (with a lot of sore heads on Sunday)!

The 6 Nations has been very well supported, although it's been slightly interesting. The results for The Wheel are not what I would like to see, I'm pleased to say that Mark is currently winning the Wooden Spoon! Unfortunately, I'm not far off his score along with the other staff. Sadly, we are not going to see the end results now, as they have had to postpone games. The Sweepstake from Risborough Rugby Club will wait till all the games are played, so we will pick it up again when the games are played!

With the lighter evenings really beginning to show and the daffodils now flowering, we are hopeful that Spring is on the way. All we need now is for it to stop raining! Our front garden has been like a marsh and has been closed recently, and won't be opening until it has started to dry out, as soon as that happens the new play equipment will be going in.

On a sad note Harry Leigh-Dugmore passed away on the 8th March, he was known to all my staff as Grandad as that was who he was to us, especially when his granddaughter worked here. Harry was only a month away from his 100th Birthday! He was a decorated war veteran, he opened our Village Fete Day and most importantly, **he was an amazing man!** We will miss you and our feelings go to all his family.

Mark and I thank everyone for their custom and we look forward to seeing more of you again soon.

Claire and Mark

On Friday, 20 March, following the government instructions, Mark and Claire had to announce that the Wheel was closing until they are given permission to reopen. They are of course devastated by this news! They are, as we go to press, evaluating this situation and will keep in touch with us all via their website www.thewheelnaphill.com, their Facebook page and the village Facebook pages. They send their best wishes to us all to stay safe and well at this difficult time.

So many things in our village are supported by the Wheel! There was no NapFest until they came to Naphill. In turn NapFest raises money which helps fund the Village Hall. The Wheel family is very much an important village social hub, along with the rest of the community, I wish them well and look forward to the Wheel being open again!

Sonia

Last Word

Over the last six and a half years I have sometimes struggled to put the Gazette together and to find the words to fit the situation but never more than today, as there have been several last minute changes! More or less all clubs, groups, churches and any sort of social gathering is CLOSED! This applies to group meetings, socialising regardless of age. Some groups, particularly those for children, are aiming to set up "virtual" meetings and I am sure there will be a "virtual school" somewhere along the line too.

There are notices on social media from Sunbodies and Shear Madness, as to the restrictions they are introducing. No doubt they will continue to keep in touch via the village Facebook pages.

All this is not about what you or I want and what we feel we are being deprived of. We are all missing out on the things we enjoy, be it swimming lessons, ballet classes, brownies, the pub etc. As every responsible person knows, this is all about beating this virus, staying safe and well and not being selfish and greedy. WE DON'T NEED TO SHOP UNTIL WE DROP!

Thank you to everybody who is working so hard to help us all and who is selflessly putting themselves on the front line, we owe it to them to do as we are told!

Please take care,

Sonia



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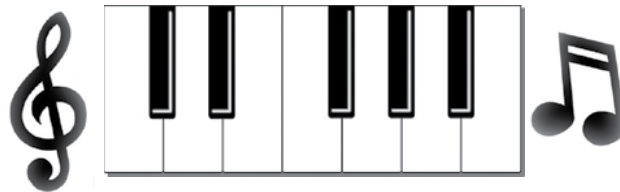


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